

It takes a healthy staff to have a healthy school community



Upcoming 2021-22 Kaiser Permanente webinar series on *The Way to Staff Well-being in Schools*:

Foundational course: *Creating a Culture of Well-being (Repeat, offered bi-monthly)*

Deep dive series: *Secondary Trauma**, *Creating a Workforce Wellness Committee**, *Active Living, Mental Health, Stress Management, & Healthy Habits*

***NEW in 2021-22**

Learn how a proactive approach to staff well-being can help schools thrive

Designed for teachers, staff and administrators

Healthy staff and teachers are our most valuable resource for creating safe and supportive learning environments. *The Way to Staff Well-being in Schools* workshop series explores resources and tips to strengthen staff well-being at the individual, collective and policy level.

Our foundational course, *The Way to Staff Well-being in schools – Creating a Culture of Well-being*, will be offered bi-monthly (repeat): 3:30pm-5:00pm PST

- January 12, 2022 – Register on [PDenroller](#)
- March 9, 2022 – Register on [PDenroller](#)
- May 11, 2022 – Register on [PDenroller](#)

No cost workshops.

Free clock hours available; register on [pdenroller](#).

Questions?

Contact

KPWA.WFH@kp.org

Introducing our *Way to Staff Well-being in Schools – Deep Dive Series* to support your self-care. Presented by Kaiser Permanente subject matter experts: 4:00pm-5:00pm PST

- February 9, 2022 *Creating Workforce Wellness Committees (NEW)* – Register on [PDenroller](#)
- February 23, 2022 *Active Living for Educators* – Register on [PDenroller](#)
- April 13, 2022 *Mental Health for Educators* – Register on [PDenroller](#)
- June 8, 2022 *Preventing Secondary Trauma for Educators (NEW)* – Register on [PDenroller](#)
- *Stress Management for Educators* – Register on [PDenroller](#)
- *Healthy Habits for Educators* – Register on [PDenroller](#)

These events are open to all school or district staff, including teachers, administrators, nutrition services directors, well-being leads, classifieds, and more. Please share with any colleagues you believe will benefit from attending.



THRIVING SCHOOLS